

# **How to Create a Vision Board**

**Your guide on how to create a vision board to  
manifest the life of your dreams!**





## → Where to start?

### PURPOSE OF A VISION BOARD

Vision boards give you a clear direction for where you want to go in several areas of your life. They can allow you to visualise what goals you want to achieve.

When you create a physical vision board, you can even touch what represents your vision.

Vision boards are a constant reminder of what your priorities are so you can be reminded exactly what you're working hard towards.

*Rich* **BLAK** *Women*



01.

## STEP 01.

### → Determine Your Goals First

Write down your goals first, split into categories: Financial, Career/Business, Health & Wellness, Relationships & Family, Personal Development, Travel & Adventure, Home & Environment.

These categories can be tailored to align with your values and aspirations.

Take some time to clarify your vision - find images that represent your vision.

## STEP 02.

### → Think Big

Thinking big inspires ambition, motivates action, expands our limiting beliefs and fosters a positive mindset!

Our only limitations are those we set up in our minds. You are capable of more than you know!

02.





03.

## STEP 03.

→ Place your vision board where you will see it often

You could find pictures online and print your vision board out, or cut up pictures from old magazines, then hang it in your bedroom or your office. Another idea is to create a digital collage and set it as your phone background. Whatever works for you!

→ GET INSPIRED

**Create your free vision board here:**

[canva.com/create/vision-boards](https://canva.com/create/vision-boards)

**Watch this YouTube Video on How To Make The Perfect Vision Board.**

[youtube.com/watch?v=qXsYKpnBrF4](https://youtube.com/watch?v=qXsYKpnBrF4)

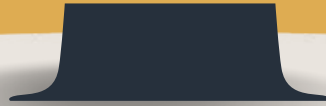
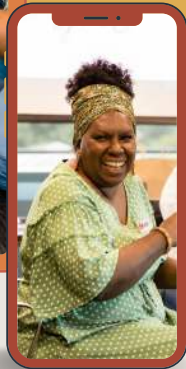
04.



# Rich **BLAK** Women

A First Nations Foundation initiative.

Empowered Women  
*Empower Communities*



## Now Is The Best Time To Get Started!

Create a safe space and enjoy spending some time in solitude as you create your vision board.

You are worthy. You are abundant.  
You are rich in culture, values and mindset, and  
you can create the life of your dreams.

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